

High Performance Coaching

COURSE OVERVIEW – 1:1

McGhee Productivity Solutions’ High Performance Coaching program is ideal for leaders of all types, from the seasoned executive to those moving into leadership roles. Each individual leader is provided a tailored program geared towards his or her desired outcomes with varied focuses depending on the individual’s needs. Coaching creates opportunities for executives to dramatically increase their results and work-life balance through increasing productivity, leadership skills and creating new paradigm shifts.

Key Issues Addressed:

- Leadership skills
- Productivity
- Goal completion
- Delegation
- Getting to the next level
- Unproductive mindsets
- Balancing work and personal life

Key Results:

- Potential for promotion
- Increased productivity
- Increased work-life balance
- More effective communication
- Enhanced leadership skills
- Increased goal completion

“I experienced immediate results after only one coaching session because the facilitator was able to shift my paradigm quickly. My business is growing -- which is a direct result from both a shift in paradigm and an assignment he gave me that reinforced the shift.”

**-Julie McCahan,
Consultant, Reach the Summit**

The 6-month program includes a 90-minute intake meeting to create clear objectives and metrics for the coaching, and to create an accountability plan to guarantee success, one 90-minute and three 30-minute sessions per month that can be set according to the client’s needs. 360 interviews are conducted with colleagues prior to the session to ensure participants are getting an outside-look on how to be their most productive. This program includes unlimited email coaching and follow-up colleague interviews as needed to measure and ensure growth. A productivity survey will be conducted a month later to measure specific results.

COURSE OUTLINE

Preparation

- Meet with client and any stakeholders to determine the scope of the coaching engagement and goals
- Review of any client assessments (Birkman, Hogan, MBTI, DiSC) deemed valuable to the coaching engagement
- Determine colleagues and stakeholders to be interviewed for outside feedback

Implementation

- Creation of schedule and coaching begins.
- Colleague and stakeholder interviews completed by coach.
 - Feedback will be provided from colleague and stakeholder interviews per confidentiality protocol
- Exit interview completed to assess progress, results achieved, determine next steps and to determine the overall value of the program